2024 CHICAGO OPEN

1200 W. Algonquin Road Building M, Palatine

Health & Recreation Center

- 1. FORM
- 2. SPARRING
- 3. BOARD BREAKING
- 4. SPECIAL EVENTS
- × Weapons
- × Jump High Kick
- **X** Demonstration
- imes Ninja Warrior Breaking

Ticket

Adult \$10 Child \$5 65 & up FREE 3 & under FREE



Tournament Info



CHICAGO MARTIAL ARTS ASSOCIATION

More Info _ Grand Master Ko (630) 347-7406 kmasterko@gmail.com













GENERAL INFORMATION

Date: Sunday, May 5th 2024

Location: Harper College (Building M - Health & Recreation Center)

Address: 1200 W. Algonquin Road, Building M. Palatine IL

More Information : Grand Master Ko (630 - 736 - 9225)

Grand Master Jeong (847 - 445 - 9457), Grand Master Koo (630 - 415 - 7722)

Type of Competition

1. Form

2. Breaking

3. Sparring

4. Demo Team Competition

5. Special Events (Choose Only One Event)

(Weapons, Jump High Kick, Ninja Warrior Breaking)

Competition Fees

1 Event \$80 | 2 Events \$90 | 3 Events \$100 | 4 Events \$110 | 5 Events \$120

Board Breaking Additional Fees -

3 Board - \$10

4 Board - \$15

*PARTICIPATION FEES ARE NON-REFUNDABLE

Spectator Fees:

Adult \$10

Child \$5

(Child 3 & under Free, Adult 65 & up Free)



EVENT SCHEDULE

| Door Open | 7:50 AM |
|--|------------|
| Referee / Judge Meeting —————————— | 8:30 AM |
| Form (All Age & All Belt) ————————— | 9:00 AM |
| Breaking (All Age & All Belt) ———————————————————————————————————— | 10:00 AM |
| Demo Team Competition ———————————————————————————————————— | 11:30 AM |
| Special Events (All Age & All Belt) ———————————————————————————————————— | 12:00 PM |
| (Weapons, Jump High Kick, Ninja Warrior Breaking - Choose Only One | <u>e</u>) |
| Sparring (All Age & All Belt) ———————————————————————————————————— | 1:00 AM |

About Form Competition

Event of Contests: WTF& CMA

Form Classification of Contests:

- -. 8yrs old & younger will perform 10 Steps twice with count.
- -. 9yrs old & up will perform all steps with no count twice.
- -. All Black Belt will perform all steps regardless their age.

| Age | 3-4 | 5-6 | 7-8 | 9-10 | 11-12 | 13-14 | 15-17 | 18- 32 | 33 & up |
|-----------------|---|---------|------------------------|---------|-----------------------|-----------------------|----------|-----------|---------|
| White to Yellow | Basic 1, I | Basic 2 | | | | | | | |
| Orange to Green | Taegeuk 1, Taegeuk 2, Taegeuk 3 | | | | | | | | |
| Blue To Brown | Taegeuk 4, Taegeuk 5, Taegeuk 6 | | | | | | | | |
| Red to Deputy | Deputy Taegeuk 7, Taegeuk 8 | | | | | | | | |
| Black Belt | 1 st Dan: 5 th Dan: | • | ^d Dan: Keuı | mgang 3 | rd Dan:Tae | eback 4 th | Dan: Pyu | ngwon | |

(Schools may have a different belt system, but regardless of Belt Color all competitors will compete in the same form group. However all Competitors must compete at their current rank or are eligible for disqualification.)



About Breaking Competition

- -. Color belts follow Official's Direction. Black belt do their own routine.
- -. Color Belt need 3 or 4 Boards with 3 or 4 techniques, it defenses on your rank. Black Belt need 4 boards and 4 free style techniques.
- -. Board set up time is up to 30 second.
- -. May use a demonstration board for kicks above 360 degree and high technique breaking (Also acrobatic breaking).
- -. Never use a Chair, person or any other equipment to set up
- -. There are three chance for each breaking.
- -. 3 to 6yrs old Pee Wee board, 7 to 10yrs old Child Board, 11 to 14yrs old Teen Board, 15yrs old & up Adult Board

Breaking Scoring Criteria

No Mistake – 1st Place 1 or 2 Mistakes – 2nd Place More than 3 Mistakes – 3rd Place

| | | White to | Orange to | Blue to Brown | Red to Deputy | Black Belt |
|------------|-------------|-----------------|---------------|------------------------|--------------------|------------|
| | | Yellow | Green | | | |
| 3 - 4 | Pee Wee | | | | | |
| 5 - 6 | Board | 3 Bc | pard | 4 Board | 4 Board | 4 Board |
| 7 - 8 | Child | Hammer Fi | st | 1.Knife Hand(Cross) | 1.Round House Kick | Free Style |
| 9 - 10 | Board | Front Kick | | 2.Round House Kick | 2.Back Kick | |
| 11 - 12 | Teen Board | Axe Kick | | 3.Back Kick | 3.Spin Kick | |
| | Teen board | | | 4.Jump Front Snap Kick | 4.Jump Side Kick | |
| 13 - 14 | | 3 B | oard | | | |
| 15 - 17 | | Knife Hand | (Down strike) | | | |
| 18 - 32 | Adult Board | Axe Kick | | | | |
| 33 & Up | | Round Hou | ise Kick | | | |
| Breaking D | Pirections | 2 3 Judge Table | | 1 Judge Table | 1 Judge Table | |



About Sparring Competition

CMA Official Sparring Rules

- -. Modified USAT/CMA Sparring rules will apply
- -. Mandatory Equipment is required for this event

Round Time

- -. 1 min x 2 rounds (30sec Rest time) All Color Belt
- -. I min x 2 rounds (30sec Rest time) All Black Belt

Points

- -. 1 point-valid punch and Kicks on the chest protector
- -. 2 points-valid turning kicks on the chest protector
- -. 3 points valid kicks to the head (Black Belt ages 13& up only)

Application of head contact safety rules (Black Belt 13 & up)

-. Light contact (Following Junior safety rule)

(No head contact; all color belts and black belt ages 12 and under)

When the match is tied, a single sudden death round will apply

| Age | Rank |
|-------|--|
| 3-4 | White - Green Blue - Brown Red - Deputy Black |
| 5-6 | White - Green Blue - Brown Red - Deputy Black |
| 7-8 | White - Green Blue - Brown Red - Deputy Black |
| 9-10 | White - Green Blue - Brown Red - Deputy Black |
| 11-12 | White - Green Blue - Brown Red - Deputy Black |
| 13-14 | White - Green Blue - Brown Red - Deputy Black |
| 15-17 | White - Green Blue - Brown Red - Deputy Black |
| 18-32 | White - Green Blue - Brown Red - Deputy Black |
| 32&up | White - Green Blue - Brown Red - Deputy Black |

We recommend all student should use face shield with head Gear.



About Special Events

Demo Team Competition

- -. Demo Team Competition Starts with music (5 Min)
- -. Over 5 Min result in automatic disqualification!
- -. Each team bring own equipment (include board)
- -. A big trophy will be awarded to the all teams

Weapon Competition

- -. All Competitor routines are must be a minimum of 30 seconds and a maximum 1 min Long.
- -. Any time over or under will result deduction
- -. Weapon handling skills, difficulty, creativity and choreography
- -. Same weapon group will compete each other (Nunchaku, Sword, Bo staff etc.)

| | Age 10 & under | Age 11 to 14 | Age 15 to 17 | Age 18 to 32 | Age 33 to 49 | Age 50 & up |
|------------|----------------|--------------|--------------|--------------|--------------|-------------|
| Color Belt | | | | | | |
| Black Belt | | | | | | |

Jump High Kick Competition

- -. Jump High Kick start line to target is 21ft
- -. 5 Division Male/Female

10yrs and under 11 to 14yrs old 15 to 17yrs old 18 to 32yrs old 33&up

Ninja Warrior Breaking

-. The Person who passes the obstacle the fastest and succeeds until the last breaking

10 Front Kick → Tunnel → Jump over the Targets → under the hurdle (lay down back) → Zig Zag Run → Balance on the Beam → Board Breaking

| | 3 yrs old | 4 yrs old | 5 yrs old | 6 yrs old | 7yrs old | 8 yrs old |
|----------|-------------|-------------|------------|------------|------------|------------|
| Board | Hammer fist | Hammer fist | Front Snap | Front Snap | Jump Front | Jump front |
| Breaking | | | Kick | Kick | Snap Kick | Snap Kick |



2024 Chicago Open Martial Arts Championship Entry Form

PLEASE GIVE THE ENTRY FORM TO YOUR MASTER BY April 27, 2024

| Event F | ees | | | | | | | |
|---|---|--|---|--|---|---|---|---|
| 1 Ev | ent \$80 | 2 Events | \$90 3 Ev | vents \$100 | 4 E | vents \$110 | 5 Events \$ | 120 |
| Board Bro | eaking Additio | nal (3Board | - \$10, 4Board - \$ | 515) | | | • | |
| TOTAL | EVENTS: | TOTA | AL BOARD | TOTAI | L FEES | : | | |
| * PARTIC | IPATION F | EES ARE N | NON-REFUNI | DABLE | | | | |
| COMPETIT | OR NAME:_ | | | | | | AGE: | M / F |
| BELT RAN | < : | | MARTI | AL ARTS SCHO | OL NA | ME: | | · |
| their resp e s which me in cor cipation i injuries ca ing receiv nd claims Note: This above, is un (C.M.A. res | may be sustain nection with n in, and / or return occur during yed a copy of the for damages corelease, Consender the age of gulations will g | agents, represented by association rning form succompetition. In the rules of this claimed for contrained assump 18, his / her part overn these characteristics. | with or entry in the athletic meet. If further acknowler competition. I further tion of risk, has interest or legal guard ampionships for | ally understand the ned herein. mportant legal control rdian must execute forms, breaking, a | meet, and that Tae I de compe e compensequer e this do and spar | nd which may Kwon Do is a bactition rules and aces. If the con- cument. ring players) | arise out of trave ody — Contact specified agree to any an appetitor, whose n | ling to, partice ort and that dall rights a ame appears |
| Form | Breaking | Sparring | | CHOSE | | | | Demo Team |
| | | | Weapon | Jump High Ki | ick | Ninja Warri | or Breaking | |
| | | | | | | | | |
| | 1 | ı | | 1 | | | | |



2024 Chicago Open Martial Arts Championship Volunteer / Referee Entry Form

PLEASE RETURN THE ENTRY FORM TO YOUR MASTER BY April 27, 2024

The Chicago Martial Arts Association would be honored to have you serve as a Tournament Volunteer or Referee at our upcoming event.

*. Lunch will Provided on Tournament Date.

| First Name: | Last Name: | |
|---|---|--|
| Martil Arts School Na | me: | |
| Position Applying For | (Please Check One): | |
| Volunteer: Plea | ase Explain Volunteer Experience: | |
| Referee: | | |
| Do you have a F | Experience: If yes | s How many times: |
| Do you have a F | Referee Certification: If yes | s What Level are you: |
| What Rank of B | lack Blet Are you: What | type of Martial Arts: |
| tors, administrators waive, re er discharge any and all right and Members of the tournan their respective officers, ager may be sustained by me in connection with my as n, and / or returning form succur during competition. I furt ing received a copy of the ru for damages claimed for con Note: This release, Consent ar nder the age of 18, his / her pa | ts and claims for damages which I may have against Cenent and hits, representatives, successors, and / or assigns, and a association with or entry in the above athletic meet, and that hit her acknowledge havules of this competition. I fully understand the competitors contained herein. | Chicago Martial Arts Association against any competitor for any and all damage s which ad which may arise out of traveling to, participation i as a body — Contact sport and that injuries can oc- tition rules and agree to any and all rights and claims ces. If the competitor, whose name appears above, is u |
| Applicant Signature: | | Date: // |