



CMA Referee/ Judge Seminar

Uniform of the referee and judge – White dress shirt and black pants

Uniform of Ring Leader Referee – Blue dress shirt and black pants

Must attend referee meeting (8:00 am)

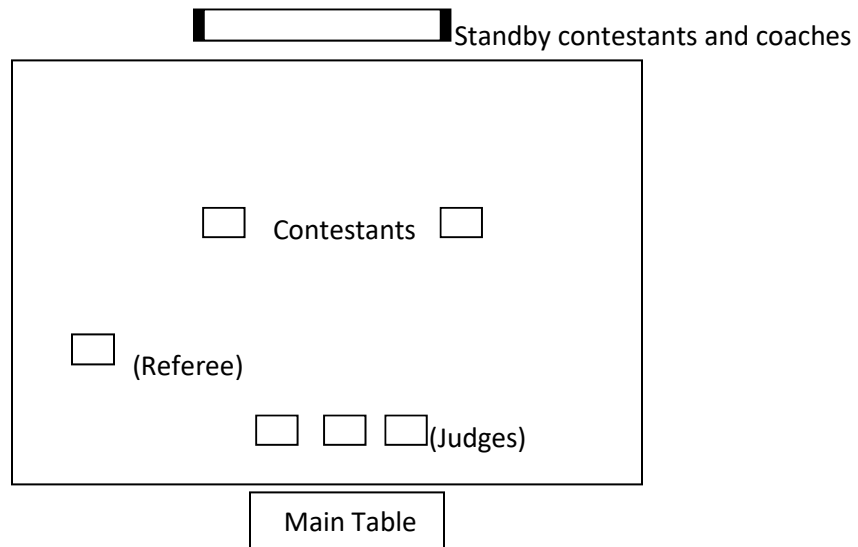
Lunch will be provided

Referee Group Picture – After Competition

Following Competition rules shall apply to CMA Tournament.

1. Form

- A. Position of the Judge: Three judges shall sit in front of contest Area and 1m away in-between each other. Judge shall be positioned facing the contestants.
- B. Position of the referee: The referee shall be positioned Left front of contest Area and facing forward.
- C. The Positions of the contestants: Contestants shall be positioned at middle for contest Area and 3m in-between each contestant.
- D. The Position of Standby contestants and coaches: standby contestants and coaches shall be positioned back of contest Area, 1m away from the boundary line.

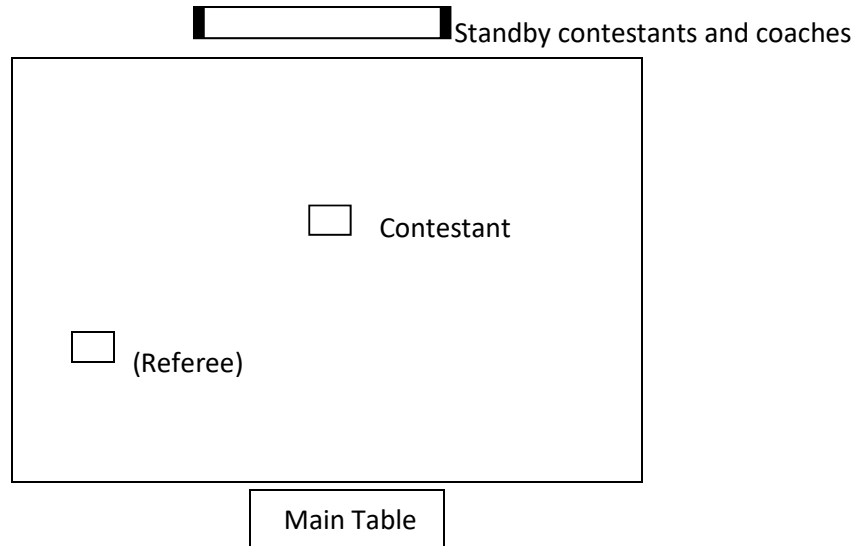


- E. Division shall be divided according to age and form not belt.
Divisions shall be classified as follows: Age 3-4, 5-6, 7-8, 9-10,11-12, 13-14, 15-17,18-32, 33 and Up. All Contestants must perform same level of forms.
- F. 8years old and under will perform 10 steps with count(Must)
- G. 9years old and older will perform whole step of form by own count.
- H. Each Group contestants will perform together 2 times.

- I. The contest shall begin with the declaration of “Joon-bi” (ready) and “Shi-jak”(start) by the competition coordinator. After the end of the Poomsae, the contestants shall stand in their respective positions and make a standing bow at the coordinator’s command of “Ba-ro”(stop), Cha-ryeot(Attention), “Kyeong-rye”(Bow).
- J. The main judge shall use Score Board to declare the winner.
- K. End of the division Referee shall declare the 1st, 2nd, 3rd places, and award medals.
- L. Scoring Criteria
 - Accuracy of Poomsae technique – Basic movements, Details of each Poomsae
 - Presentation – skill, accuracy of range of movements, balance, speed and power
 - Expression – Strength/speed/rhythm

2. Breaking

- Position of the Judge: judges shall hold board in the competition area.
- Position of the referee: The referee shall be positioned Left front of contest Area and facing forward.
- The Positions of the contestants: Contestants shall be positioned at middle for contest Area.
- The Position of Standby contestants and coaches: standby contestants and coaches shall be positioned back of contest Area, 1m away from the boundary line.



- Division shall be divided according to age and Technique.
 - Divisions shall be classified as follows: Age 3-4, 5-6, 7-8, 9-10,11-12, 13-14, 15-17,18-32, 33 and Up. All Contestants must perform same technique except black belt. Contestant must use same size of board.
- All contestants are 30 sec to set up.
- The contest shall begin with the declaration of “Cha-ryeot” (Attention), “Kyeong-rye”(bow) and “Shi-jak”(start) by the competition coordinator. After the end of the Breaking, the

contestants shall stand in their respective positions and make a standing bow at the coordinator's command of "Ba-ro"(stop), Cha-ryeot(Attention), "Kyeong-rye"(Bow).

- Publication of scoring - Master

- End of the division Referee shall declare the 1st, 2nd, 3rd places, and award medals.

4. Sparring

- All level Sparring will be 1 min 2round and 30 second rest.

- All color belt **No face contact.**

- **Black belt 13 and up light face contact (apply junior safe rule)**

- **The competitor who executes a kick to the face which results in a minor injury shall receive a one-point("Gam-Jeom") deduction. A minor injury is defined as abrasion or bleeding caused by non-excessive contact. The competitor who executes a kick to the face which result In the inability of the opponent to continue sparring because of injury shall be disqualified.**

- When match ties the sudden death round will apply.
(Other than above we will use CMA competition Rules)