

# 2026 CHICAGO OPEN Martial Arts Championship May. 3 Sunday, 2026

## Forest View Educational Center

2121 South Goebbert Rd. Arlington Heights, IL 60005

1. FORM
2. SPARRING
3. BOARD BREAKING
4. SPECIAL EVENTS
  - Weapons
  - Jump High Kick
  - Demonstration
  - Power Breaking



### Ticket

Adult \$10  
Child \$5  
65 & up FREE  
3 & under FREE

More Info \_ Grand Master Ko (630) 347-7406  
kmasterko@gmail.com



OPEN MARTIAL ARTS CHAMPIONSHIP

# 2026 CHICAGO OPEN MARTIAL ARTS CHAMPIONSHIP



## GENERAL INFORMATION

**Date:** Sunday, May 3rd 2026

**Location :** Forest View Educational Center

**Address :** 2121 S Goebbert Rd, Arlington Heights IL 60005

**More Information :** Grand Master Ko (630 - 736 - 9225)

Grand Master Jeong (847 - 445 - 9457), Grand Master Koo (630 - 415 - 7722)

### Competition Categories :

1. Form
2. Breaking
3. Sparring
4. Demo Team Competition
5. Special Events (**Choose Only One Event**)

Weapons, Jump High Kick, Power Breaking

### Competition Fees :

1 Event \$95 | 2 Events \$105 | 3 Events \$115 | 4 Events \$125 | 5 Events \$135

Board Breaking Additional Fees (\$3 each board) - 3 Board - \$9      4 Board - \$12

### Special Event Board Fees :

Jump High Kick board - \$20, Power Breaking Board - \$30

**\*PARTICIPATION FEES ARE NON-REFUNDABLE**

Spectator Fees:

Adult \$10      Child \$5

(Child 3 & under Free, Adult 65 & up Free)

**Registration Deadline: April 18th.**

**WWW.CHICAGOMARTIALARTSASSOCIATION.COM**

# 2026 CHICAGO OPEN MARTIAL ARTS CHAMPIONSHIP



## EVENT SCHEDULE

<b>Doors Open</b>	-----	8:00 AM
Referee / Judge Meeting	-----	8:00 AM

### AGES 3 TO 10 YEARS OLD

Form	-----	9:00 AM
Breaking	-----	9:30 AM
Sparring	-----	10:10 AM

### SPECIAL EVENTS

Opening Ceremony	-----	10:40 AM
Demo Team Competition	-----	11:00 PM
Weapon/Jump Front Kick/Power <b>(All Age)</b>	-----	11:30 AM

Lunch	-----	12:00 PM
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### AGES 11 & UP

Form	-----	12:30 PM
Breaking	-----	1:30 PM
Sparring	-----	2:30 PM

**Please arrive 30 minutes before your event starts**

# 2026 CHICAGO OPEN MARTIAL ARTS CHAMPIONSHIP



## About Form Competition

Form Classification of Contests:

- 8yrs old & younger will perform 10 Steps twice with count. - Taegeuk Form
- 8yrs old & younger will perform 8 steps on Form Basic 1 & 2
- 9yrs old & up will perform all steps with no count twice.
- All Black Belt will perform all steps regardless their age.
- All Form Competitors will perform twice**
- Check [www.chicagomartialartsassociation.com](http://www.chicagomartialartsassociation.com) for Form Counts of video.**

**(Schools may have a different belt system, but regardless of Belt Color, all competitors will compete in the same form group. However, all Competitors must compete at their current rank or they will be eligible for disqualification.)**

Age	3-4	5-6	7-8	9-10	11-12	13-14	15-17	18-32	33 & up
<b>White to Yellow</b>	Basic 1, Basic 2								
<b>Orange to Green</b>	Taegeuk 1, Taegeuk 2, Taegeuk 3								
<b>Blue To Brown</b>	Taegeuk 4, Taegeuk 5, Taegeuk 6								
<b>Red to Deputy</b>	Taegeuk 7, Taegeuk 8								
<b>Black Belt</b>	1 <sup>st</sup> Dan: Koryo 2 <sup>nd</sup> Dan: Keumgang 3 <sup>rd</sup> Dan: Taeback 4 <sup>th</sup> Dan: Pyungwon 5 <sup>th</sup> Dan: Sipjin								

## About Demo Team Competition

- Demo Team Competition - Starts with music (6 Min)
- Over 6 Min result in automatic disqualification!
- Each team bring own equipment (include board)
- A big trophy will be awarded to the all teams

2026 CHICAGO OPEN

# MARTIAL ARTS CHAMPIONSHIP



## About Breaking Competition

- Color belts follow **Official's Direction**. Black belt do their own routine.
- Color Belt need 3 or 4 Boards with 3 or 4 techniques, it depends on your rank. Black Belt need 4 boards and 4 free style techniques.
- Board set up time is up to 30 second.
- Competitors may use a demonstration board for kicks above 540 degree and high technique breaking (Also acrobatic breaking). Maximum 2board.
- Never use a Chair, person or any other equipment to set up
- There are three chance for each breaking.
- 3 to 6yrs old - Pee Wee board, 7 to 10yrs old - Child Board, 11 to 14yrs old - Teen Board, 15yrs old & up - Adult Board

<u>Breaking Scoring Criteria</u>		
No or 1 Mistake – 1 <sup>st</sup> Place	2 or 3 Mistakes – 2 <sup>nd</sup> Place	More than 4 Mistakes – 3 <sup>rd</sup> Place

		White to Yellow	Orange to Green	Blue to Brown	Red to Deputy	Black Belt	
3 - 4	Pee Wee Board	<b>3 Boards</b>		<b>4 Boards</b> 1.Knife Hand (Cross) 2.Round House Kick 3.Back Kick 4.Jump Front Snap Kick	<b>4 Boards</b> 1.Round House Kick 2.Back Kick 3.Spin Kick 4.Jump Side Kick	<b>4 Boards</b> Free Style	
5 - 6		Hammer Fist	Front Kick				
7 - 8		Axe Kick					
9 - 10	Child Board						
11 - 12	Teen Board	<b>3 Board</b>					
13 - 14		Knife Hand (Down strike)	Round House Kick				
15 - 17		Axe Kick					
18 - 32	Adult Board						
33 & Up							
Breaking Directions							
<p>Check@ <a href="http://www.chicagomartialartsassociation.com">www.chicagomartialartsassociation.com</a> for detail Direction</p>		<p style="text-align: center;"><u>Judge Table</u></p>		<p style="text-align: center;"><u>Judge Table</u></p>		<p style="text-align: center;"><u>Judge Table</u></p>	

# 2026 CHICAGO OPEN MARTIAL ARTS CHAMPIONSHIP



## About Sparring Competition

### CMA Official Sparring Rules

- Modified USAT/CMA Sparring rules will apply
- Mandatory Equipment is required for this event

### Round Time

- 1 min x 2 rounds (30sec Rest time) - All Color Belt
- 1 min x 2 rounds (30sec Rest time) - All Black Belt

### Points

- 1 point-valid punch and Kicks on the chest protector
- 2 points-valid turning kicks on the chest protector
- 3 points - valid kicks to the head (**Black Belt ages 13& up only**)

### Application of head contact safety rules (Black Belt 13 & up)

- Light contact (Following Junior safety rule)

(No head contact; all color belts and black belt ages 12 and under)

When the match is tied, a single sudden death round will apply

Age	Rank
3-4	White - Green Blue - Brown Red - Deputy Black
5-6	White - Green Blue - Brown Red - Deputy Black
7-8	White - Green Blue - Brown Red - Deputy Black
9-10	White - Green Blue - Brown Red - Deputy Black
11-12	White - Green Blue - Brown Red - Deputy Black
13-14	White - Green Blue - Brown Red - Deputy Black
15-17	White - Green Blue - Brown Red - Deputy Black
18-32	White - Green Blue - Brown Red - Deputy Black
32&up	White - Green Blue - Brown Red - Deputy Black

**We recommend all student should use face shield with head Gear.**

# 2026 CHICAGO OPEN MARTIAL ARTS CHAMPIONSHIP



## About Special Events

Participants may choose only ONE special event - power/weapon/jump high kick/Ninja speed

## About Power Breaking Competition

Power Breaking Classification of Contests:

- Knife Hand or Hammer fist only
- All competitors will start with 10 Boards already pre-set
- 11-14 years old—Teen Boards
- 15 & up—Adult Boards

	Age 11 to 14	Age 15 to 32	Age 33 & up
Male			
Female			

## About Weapon Competition

- All Competitor routines must be a minimum of 30 seconds and a maximum 1 min Long.
- Any time over or under will result in point deductions
- Competitors will be scored on Weapon handling skills, difficulty, creativity and choreography
- Competitors with the same weapon will compete against each other (Nunchaku, Sword, Bo staff, etc.)

	Age 10 & under	Age 11 to 14	Age 15 to 32	Age 33 & up
Color Belt				
Black Belt				

## About Jump High Kick Competition

- There will be 21 ft between the starting line and the target.
- There are 5 Divisions - Male/Female
- Starting Height is 5ft tall.
- No Shoes Allowed
- Male / Female

10yrs and under / 11 to 14yrs old / 15 to 19yrs old / 20 to 32yrs old / 33&up

# 2026 CHICAGO OPEN MARTIAL ARTS CHAMPIONSHIP



## 2026 Chicago Open Martial Arts Championship Entry Form

PLEASE GIVE THIS ENTRY FORM TO YOUR MASTER BY **April 18, 2026**

### Event Fees

1 Event \$95 | 2 Events \$105 | 3 Events \$115 | 4 Events \$125 | 5 Events \$135

Additional Board Breaking Fees: 3 Boards - \$9, 4 Boards - \$12, Jump High Kick - \$20, Power Breaking - \$30

TOTAL EVENTS FEES: \_\_\_\_\_ TOTAL BOARD FEES: \_\_\_\_\_ GRAND TOTAL FEES: \_\_\_\_\_

**\* PARTICIPATION FEES ARE NON-REFUNDABLE**

COMPETITOR NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ M / F

BELT RANK: \_\_\_\_\_ MARTIAL ARTS SCHOOL NAME: \_\_\_\_\_

### LIABILITY WAIVER

In Consideration of your acceptance of my entry in this tournament, I do hereby on behalf of myself, my heirs, executors, administrators waive, release and forever discharge any and all rights and claims for damages which I may have against Chicago Martial Arts Association and Members of the tournament and their respective officers, agents, representatives, successors, and / or assigns, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, and which may arise out of traveling to, participation in, and / or returning from such athletic meet. I fully understand that Tae Kwon Do is a body — Contact sport and that injuries can occur during competition. I further acknowledge having received a copy of the rules of this competition. I fully understand the competition rules and agree to any and all rights and claims for damages claimed for competitors contained herein.

Note: This release, Consent and assumption of risk, has important legal consequences. If the competitor, whose name appears above, is under the age of 18, his / her parent or legal guardian must execute this document.  
(C.M.A. regulations will govern these championships for forms, breaking, and sparring players)

COMPETITOR SIGNATURE(IF OVER 18YRS OF AGE): \_\_\_\_\_ DATE: \_\_/\_\_/\_\_\_\_

PARENTS/LEGAL GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_/\_\_/\_\_\_\_

Form (Name of the Form)	Breaking	Sparring	CHOOSE ONLY ONE				Demo Team
			Weapon	Jump High Kick	Power Breaking	Ninja Spedd Front Kick	

# 2026 CHICAGO OPEN MARTIAL ARTS CHAMPIONSHIP



## 2026 Chicago Open Martial Arts Championship Volunteer / Referee Entry Form

PLEASE RETURN THE ENTRY FORM TO YOUR MASTER BY April 18, 2026

The Chicago Martial Arts Association would be honored to have you serve as a Tournament Volunteer or Referee at our upcoming event.

\*. Lunch will Provided on Tournament Date.

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **M / F**

**Martial Arts School Name:** \_\_\_\_\_

### **Position Applying For (Please Check One):**

Volunteer: \_\_\_\_\_ Please Explain Volunteer Experience: \_\_\_\_\_

Referee: \_\_\_\_\_

Do you have Experience? : \_\_\_\_\_ If yes, How many times? : \_\_\_\_\_

Do you have a Referee Certification? : \_\_\_\_\_ If yes, What Level are you? : \_\_\_\_\_

Black Belt Rank: \_\_\_\_\_ Martial Arts Style: \_\_\_\_\_

### LIABILITY WAIVER

In Consideration of your acceptance of my entry in this tournament, I do hereby on behalf of myself, my heirs, executors, administrators waive, release and forever discharge any and all rights and claims for damages which I may have against Chicago Martial Arts Association and Members of the tournament and their respective officers, agents, representatives, successors, and / or assigns, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, and which may arise out of traveling to, participation in, and / or returning from such athletic meet. I fully understand that Tae Kwon Do is a body — Contact sport and that injuries can occur during competition. I further acknowledge having received a copy of the rules of this competition. I fully understand the competition rules and agree to any and all rights and claims for damages claimed for competitors contained herein.

Note: This release, Consent and assumption of risk, has important legal consequences. If the competitor, whose name appears above, is under the age of 18, his / her parent or legal guardian must execute this document.

(C.M.A. regulations will govern these championships for forms, breaking, and sparring players)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_