



Form Competition Coordinator Judge Commands

	Korean	English	Coordinator Judge / competitor Action
1	Chool jeon	Enter	Coordinator Judge motions with extended left arm for the competitor enter the competition area / competitor enters
2	Cha-ryeot	Attention	Coordinator Judge's left arm bent 90 degree with palm to the left at face height. / competitor comes to attention.
3	Kyeong-rye	Bow	Coordinator Judge's left arm bent 90 degree with palm facing down. / competitor bows
4	Joon-bi	Ready	Coordinator Judge's right arm fully extended with palm facing left, shoulder high. / competitor moves to joonbi soegi.
5	Shi-jak	Begin	Coordinator Judge's right arm fully extended stright up with palm facing left, close to ear. / competitor begin poomsae.
6	Bah-roh	Return (to Ready stance)	No hand signal. / competitor returns to Joonbi soegi.
7	shi-ah	Rest(at ease)	No hand signal. / competitor relaxes.
8	Pyo-chul	Judges Score	Coordinator Judge's right arm fully extended toward center judge
9	Cha-ryeot	Attention	Coordinator Judge's left arm bent 90 degree with palm to the left at face height. / competitor comes to attention.
10	Kyeong-rye	Bow	Coordinator Judge's left arm bent 90 degree with palm facing down. / competitor bows
11	Tuae-jahng	Exit	Coordinator Judge motions with extended left arm for the competitor exit the competitor area. / competitor leave the competition area