



2023 CHICAGO OPEN OPEN MARTIAL ARTS CHAMPIONSHIP



Welcome to Chicago Martial Arts Association(CMA) Established Since 2000

The CMA is a Chicago based organization which has been in existence since 2000. CMA is made up of masters, instructors and even people who are just interested in Martial Arts. Formed to promote and conserve the best interests and the true spirit of the Tae Kwon Do throughout the Chicago area, the CMA unites individual Martial Arts schools to cultivate friendly relations among its member schools, to preserve the tradition and literature of martial arts. More importantly, as an association, we provide tournaments, organize local Martial Arts schools, raise funds for Martial Arts promotions and promote junior and scholastic programs in the Chicagoland area.



Grand Master
Chang min Lee
CMA President

US OPEN Martial Arts Festival Commencement Address From Our CMA President

Welcome!

I would like to personally welcome each one of you to this year's Chicago Open Martial Arts Championship, it is one of the largest events in Illinois.

It is a great privilege and an incredible honor for me to host such a spectacular event.

I am especially grateful to be able to share this event with each of you.

Your dedication, hard work, and love for your art are why you are here today.

Your perseverance, devotion, and belief in yourself will help you become a true champion.

Special thanks to our guests, competitors, family members, judges, and volunteers for their dedication to making this an excellent and successful Championship.

Grand Master Chang min Lee



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Event Schedule

AGE 3 TO 9 YEARS OLD

Doors Open	8:30 AM
Referee / Judge Meeting	9:00 AM
Form (A/B A:World Class, B:Traditional Class)	9:30 AM
Breaking	10:15 AM
Sparring (A/B A:World Class, B:Traditional Class)	11:30 AM

SPECIAL EVENTS - ALL AGES (Choose only one)

Special Form (Group, Family)	12:15 PM
Hap Ki Do Self-Defense	12:15 PM

AGE 10 & Up

Form (A/B A:World Class, B: Traditional Class)	1:00 PM
Breaking	1:45 PM
Sparring (A/B A: World Class, B: Traditional Class)	2:30 PM



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General Information

Date : Sunday, May 7, 2023

Location: Morris Community High school

Address : 1000 Union St Morris, IL 60450

More Information : Grand Master Lee (815-416-1006)

Type of Competition

1. Form(A/B) 2. Board Breaking 3. Sparring(A/B)

4. Special Events

Special Form (Group, Family), Hapkido Self-Defense - Choose only one Event

Competition Fees

- 1 Event \$80 | 2 Events \$90 | 3 Event \$100 | 4 Event \$110

- Board Breaking Additional Fees (3 Boards - \$10, 4 Boards - \$15)

Spectator Fees: (65 and up Free / 3 and under Free)

Adults (14 yrs~64 yrs): \$10

Children(4 yrs~13 yrs old): \$5

* PLEASE PAY CASH ONLY AT THE DOOR.



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About Form Competition

Event of Contests: WTF & CMA

Form Classification of Contests:

- Individual Form (Individual Contest From WTF)
- Group Form
- Family Form

Group: All Different Belts, 3 Members, All Belts, Male and Female

Family: All Belts, Family Members, 2-6 Members

Individual Form Division

* 7yrs old and under can only perform 10 steps of their form with count and 8yrs(+) perform full form

	White ~ Yellow	Orange ~ Green	Blue ~ Brown	Red ~ Deputy	Black Belt
3	Basic 1, 2 and Tae Geuk 1	Tae Geuk 1, 2, and 3	Tae Geuk 4, 5, and 6	Tae Geuk 7,8	1 st Dan - Koryo 2 nd Dan - Keumgang 3 rd Dan - Taebaek 4 th Dan - Pyung Won 5 th Dan - Sip Jin
4~5					
6~7					
8~9					
10~11					
12~13	All Schools may have a different belt system, however all competitors must compete at their current rank or risk being disqualified.				
14~17					
18~32					
33& Up					

Beginners Group	Intermediate Group	Advanced Group	Black Belt Group
Basic 1, 2 Tae Geuk 1, 2, and 3	Tae Geuk 4, 5, and 6	Tae Geuk 7, 8	Black Belt Forms



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About Special Form Competition / HKD Self Defense Competition

Group Form Division

4 Divisions: 7yrs and under, 8~9, 10~13yrs, and 14yrs and up

Group Form: Limit group numbers are 3 members,

Beginners Group	Intermediate Group	Advanced Group	Black Belt Group
Basic 1, 2 Tae Geuk 1, 2, and 3	Tae Geuk 4, 5, and 6	Tae Geuk 7, 8	Black Belt Forms

Family Form Division

All Ages & Belts

- * Teams of 2-6
- * Family Requirements - Mother, Father, Guardian, Brother(s), or Sister(s)
- * Must perform the lowest ranking member's form
- * All forms will be judged by USTA/CMA competitive for Judging Standard.
- * Accuracy: 4/10 Accurate Performance of each technique
- * Presentation: 6/10 Flow of the performance
- * Final score will be given after deductions in each category are taken.

HKD Self-Defense Competition

- * 3 Divisions: 9yrs and under, 10~13yrs, 14yrs and up(All Ages & Belts)
- * Color Belts: 3 techniques and Black Belt: 4 techniques
- * All Competitor Routines must be minimum of 30 Seconds and maximum of 1 Minute Long
- * Any time over or under will result in a 1 point deduction
- * Only bare hand techniques. No weapons allowed (ex: defense from a punch, kick, grab or choke)



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Board Breaking Competition

- Color Belts Follow Official's Direction. Black Belts Do Their Own Routine.
- White To Green Belts Need 3Boards and 3Techniques, Blue To Deputy Belts Need 4Boards And 4Techniques, Black Belts Need 4Boards and 4Free Style Techniques.
- Board Set Up Time Is Up to 30 Seconds with Judges.
- Never Use a Chair, Person or Any Other Equipment to Set Up
- There Are Three Chances for Each Breaking.
- 3~7yrs old Pee Wee Board, 8~11yrs old Use Child Board, 12~17Teen Board and 18and Up Use Adult Boards.

Official Board Breaking Division

-Color Belts Follow Official Direction, But Black Belts Do Their Own Routine. There Are Three Chances for Each Breaking)

	White ~ Yellow (10Gup to 9Gup)	Orange ~ Green (8Gup to 7Gup)	Blue ~Brown (6Gup to 3Gup)	Red ~ Deputy (2Gup to 1Gup)	Black Belt	
3	Pee Wee Board	3 Boards 1. Hammer Fist 2. Front Kick 3. Axe Kick	4 Boards 1. Knife Hand (Cross) 2. Round house Kick 3. Back Kick 4. Jump Front Snap Kick	4 Boards 1. Round house Kick 2. Back Kick 3. Spin Kick 4. Jump Side Kick	4 Boards Free Style	
4-5						
6-7						
8-9	Children Board	3 Board 1. Hammer Fist 2. Axe Kick 3. Round House Kick				
10-11						
12-13						Teen Board
14-17						
18-32	Adult Board					
33&up						
Breaking Order						



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About Sparring Competition

OFFICIAL SPARRING RULES

- Modified USAT/CMA Sparring rules will apply
- Mandatory Equipment is required for this event
- Sparring has two Divisions
(A group: Competitors have experienced two times or more.)
(B group: Competitors have less than 2 tournaments experience.)

Round Time (A/B group)

- 1min x 2 rounds (30sec Rest time) – All Color Belt
- 1min x 2 rounds (30sec Rest time) - All Black Belt

Points (A group)

- (1 point - valid punch)
- (2 points - valid body kicks)
- (3 points - valid kick to the head, Black belt only)
- (4 points - valid turning kicks to the body kicks)
- (5 points - valid turning kick to the head, Black belt only)

Points (B group)

- (1 point-valid punch or kick on chest protector)
- (2 points-valid turning kick on chest protector)

Application of head contact safety rules (A group)

- (No head contact; all color belts and black belt ages 13 and under)
- (Head contact; Black belt ages 14 and up)

Application of head contact safety rules (B group)

- (No head contact; all color belts and black belts)

- When the match is tied, a single sudden death round will apply

Age	Rank
3 4-5 6-7	Green Blue Red Black
8-9	Green Blue Red Black
10-11 12-13	Green Blue Red Black
14-15 16-17	Green Blue Red Black
18-32	Green Blue Red Black
33 & Up	Green Blue Red Black



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2023 Chicago Open Martial Arts Festival Entry Form

PLEASE GIVE THE ENTRY FORM TO YOUR MASTER BY April. 29. 2023

TOTAL EVENTS: _____ FEES: _____

- 1Event \$80 / 2Event \$90 / 3Event \$100 / 4Event \$110
- Board Breaking Additional (3Board - \$10, 4Board - \$15)

First Name: _____ Last Name: _____ Age: _____ M / F

Belt Rank: _____ Martial Arts School Name: _____

“LIABILITY WAIVER

In Consideration of your acceptance of my entry in this tournament, I do hereby on behalf of myself, my heirs, executors, administrators waive, release and forever discharge any and all rights and claims for damages which I may have against Chicago Martial Arts Association and Members of the tournament and their respective officers, agents, representatives, successors, and / or assigns, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, and which may arise out of traveling to, participation in, and / or returning from such athletic meet. I fully understand that Tae Kwon Do is a body – Contact sport and that injuries can occur during competition. I further acknowledge having received a copy of the rules of this competition. I fully understand the competition rules and agree to any and all rights and claims for damages claimed for competitors contained herein.

Note: This release, Consent and assumption of risk, has important legal consequences. If the competitor, whose name appears above, is under the age of 18, his / her parent or legal guardian must execute this document. (C.M.A. regulations will govern these championships for forms, breaking, and sparring players)

Competitor Signature (If over 18yrs of Age) _____ Date: ____ / ____ / ____

Parents / Legal Guardian Signature (If over 18yrs of Age) _____ Date: ____ / ____ / ____

Form	Breaking	Sparring	HKD Self-Defense	Special Form
A / B		A / B		GROUP / FAMILY



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2023 Chicago Open Martial Arts Festival Volunteer / Referee Entry Form

The Chicago Martial Arts Association would be honored to have you serve as a Tournament Volunteer or Referee at our upcoming event. Each participating volunteer or referee will receive:

1. Tournament T-Shirt (T-Shirt Size: S M L XL XXL / Please Circle One)
2. Lunch Provided on Tournament Date.

First Name : _____ Last Name: _____ Age: _____

Position Applying For (Please Check One):

Volunteer: Please Explain Volunteer Experience: _____

Referee: Please Explain Referee Experience: _____

Martial Arts School: _____ Phone: _____

Address: _____

"LIABILITY WAIVER"

In Consideration of your acceptance of my entry in this tournament, I do hereby on behalf of myself, my heirs, executors, administrators waive, release and forever discharge any and all rights and claims for damages which I may have against Chicago Martial Arts Association and Members of the tournament and their respective officers, agents, representatives, successors, and / or assigns, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, and which may arise out of traveling to, participating in, and / or returning from such athletic meet. I fully understand that Tae Kwon Do is a body-contact sport and that injuries can occur during competition. I further acknowledge having received and reviewed a copy of the rules of this competition. I fully understand the competition rules and agree to fully abide by them. In the event this application is for a minor, I warrant and represent that I am the parent or legal guardian of such applicant and that I waive any and all rights and claims for damages claimed for competitors contained herein.

Note : This release, Consent and assumption of risk, has important legal consequences. If the competitor, whose name appears above, is under the age of 18, his / her parent or legal guardian must execute this document. (C.M.A. regulations will govern these championships for forms, breaking, and sparring players)

Each Competitor over the age of 18, Parent or Legal Guardian if under the age of 18 must signs the waiver to compete:

APPLICANT SIGNATURE: _____ DATE: ____ / ____ / ____