



CMA Referee/ Judge Seminar

Uniform of the referee and judge – official T-shirt and black pants

Must attend referee meeting (8:00 am)

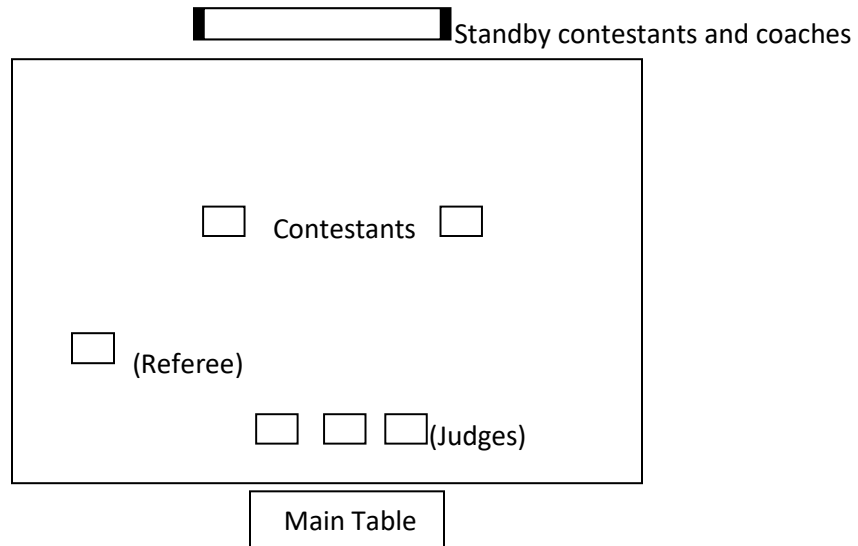
Lunch will be provide

Referee Group Picture – After Competition

Following Competition rules shall apply to CMA Competition

1. Form

- A. Position of the Judge: Three judges shall sit in front of contest Area and 1m away in-between each other. Judge shall be positioned facing the contestants.
- B. Position of the referee: The referee shall be positioned Left front of contest Area and facing forward.
- C. The Positions of the contestants: Contestants shall be positioned at middle for contest Area and 3m in-between each contestant.
- D. The Position of Standby contestants and coaches: standby contestants and coaches shall be positioned back of contest Area, 1m away from the boundary line.

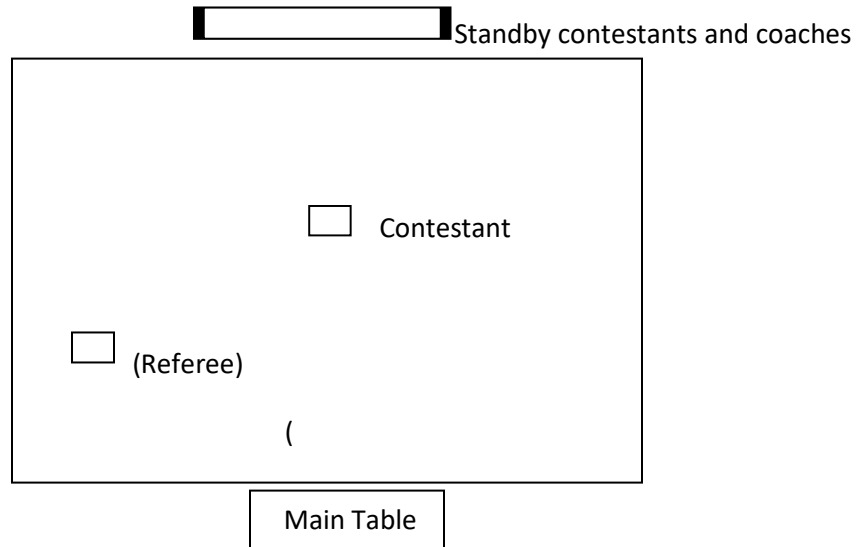


- E. Division shall be divided according to age and form not belt.
Divisions shall be classified as follows: Age 3-4, 5-6, 7-9, 10-11, 12-13, 14-17, 18-32, 33 and Up. All Contestants must perform same level of forms.
- F. Sing elimination tournaments system
- G. 6years old and under are perform 10 steps with count(Must)
- H. 7years old and older are perform whole step of form by own count.
- I. 2 contestants are perform same time. But Group A 1 Contestant at a time

- J. The contest shall begin with the declaration of “Joon-bi” (ready) and “Shi-jak”(start) by the competition coordinator. After the end of the Poomsae, the contestants shall stand in their respective positions and make a standing bow at the coordinator’s command of “Ba-ro”(stop), Cha-ryeot(Attention), “Kyeong-rye”(Bow).
- K. The judge shall use flag to declare the winner – Group B, Group A =Scoring System
- L. End of the division Referee shall declare the 1st, 2nd, 3rd places, and award medals.
- M. Scoring Criteria
 - Accuracy of Poomsae technique – Basic movements, Details of each Poomsae
 - Presentation – skill, accuracy of range of movements, balance, speed and power
 - Expression – Strength/speed/rhythm
- N. Methods of scoring
 - Use a flag- Group B, Scoring System – Group A

2. Breaking

- Position of the Judge: judges shall hold board in the competition area.
- Position of the referee: The referee shall be positioned Left front of contest Area and facing forward.
- The Positions of the contestants: Contestants shall be positioned at middle for contest Area.
- The Position of Standby contestants and coaches: standby contestants and coaches shall be positioned back of contest Area, 1m away from the boundary line.



- Division shall be divided according to age and Technique.
 - Divisions shall be classified as follows: Age 3-4, 5-6, 7-9, 10-11, 12-13, 14-17, 18-32, 33 and Up. All Contestants must perform same technique except last Free style.
 - All Black Belt freestyle breaking
 - Each age group Contestant must use same size of board.

- All contestants are 30 sec to set up.
- The contest shall begin with the declaration of “Cha-ryeot” (Attention), “Kyeong-rye”(bow) and “Shi-jak”(start) by the competition coordinator. After the end of the Breaking, the contestants shall stand in their respective positions and make a standing bow at the coordinator’s command of “Ba-ro”(stop), Cha-ryeot(Attention), “Kyeong-rye”(Bow).
- Publication of scoring - Master
- End of the division Referee shall declare the 1st, 2nd, 3rd places, and award medals.

4. Sparring

- There are two level of competition – Group A,B
- Child color belt and black belt (13years old and under) 1minute 2 round
- Adult color belt and black belt (14 years & Up) 1minute 30 second 2 round
- All group B No Face contact, All Group A – light face contact.
- **competitor who executes a kick to the face which result In the inability of the opponent to continue sparring because of injury shall be disqualified.**
- **Point(Group A)**
 - 1point – Valid punch or kick on chest protector
 - 2point – Valid turning kick on chest protector
 - 3point – Valid kick to head
 - 4point – Valid turning kick to the head
- point(GroupB)
 - 1point – Valid punch or kick on chest protector
 - 2point – Valid turning kick on chest protector

Competition Coordinator Judge Commands Form

	Korean	English
1	Chool jeon	Enter
2	Cha-ryeot	Attention
3	Kyeong-rye	Bow
4	Joon-bi	Ready
5	Shi-jak	Begin
6	Bah-roh	Return (to Ready stance)
7	shi-ah	Rest(at ease)
8	Pyo-chul	Judges Score
9	Cha-ryeot	Attention
10	Kyeong-rye	Bow
11	Tuae-jahng	Exit

Breaking

	Korean	English
1	Chool jeon	Enter
2	Cha-ryeot	Attention
3	Kyeong-rye	Bow
4	Sel-chi	Set up
5	Joon-bi	Ready
6	Shi-jak	Begin
7	Cha-ryeot	Attention
8	Kyeong-rye	Bow
9	Tuae-jahng	Exit

Sparring

	Korean	English
1	Chung Hong	Blue and Red
2	Ap e Bo go	Face Front
3	Cha-ryeot	Attention
4	Kyeong-rye	Bow
5	Ba Ju Bo go	Face Each Other
3	Cha-ryeot	Attention
4	Kyeong-rye	Bow
4	Joon-bi	Ready
5	Shi-jak	Begin
9	Keu man	End
10	Cha ryeot	Attention
4	Kyeong-rye	Bow
2	Ap e Bo go	Face Front
3	Cha-ryeot	Attention
4	Kyeong-rye	Bow
5	Chung or Hong Seung	Red or Blue / winner

Taekwondo Officiating Terminology for Sparring

Starting an Ending

1	Cha-ryeot	Attention
2	Kyeong-rye	Bow
3	Joon-bi	Ready
4	Keu-man	Stop(end of round)

Directing, Enforcing and Awarding

Kal-yeo – Stop

Chung – Blue

Hong – Red

Gam-jeom – Deduction

Kye-sok – continue

Chung Seung, Hong Seung

Referee Hand signal - <http://en.mastkd.com/wp-content/uploads/sites/2/2017/01/Referee-hand-signals.pdf>